

# Lead Dogs!

## “Unlock your potential”

Karen Martinsen, M.A. Teaching  
social entrepreneur, teacher/student,  
change agent, writer, career/life coach, explorer

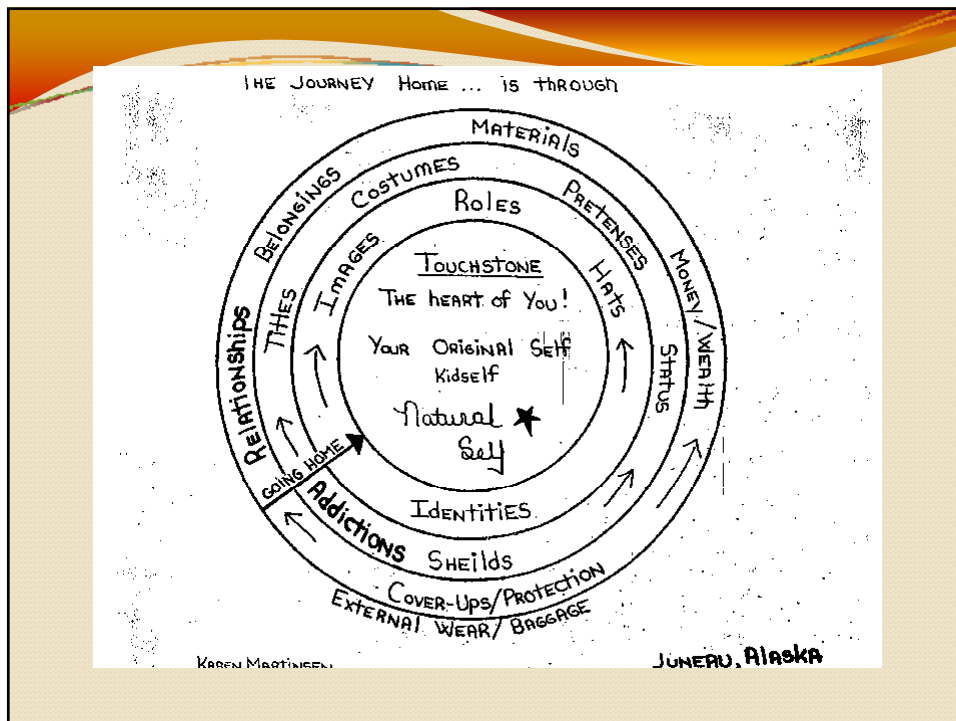
[edu@ak.net](mailto:edu@ak.net)

## Leadership = Unlocking One's Potential

- Be the change – know your touchstones
- I magine – vision creates reality
- Be willing to risk
- Live and work outside limiting paradigms
- Share & harness the power with other “dogs”
- Celebrate, reward, HAVE FUN!!!!

# Be the Change you Wish to See in the World Gandhi

- Key word here is “Be”
- Find your way “Home” first & frequently
- Find your true self, re-create yourself
- Everyone is a creative genius



- **The important thing is this: To be able – at any moment – to sacrifice what we are for what we could become.**

Charles Dubois

**Leadership is a reflection of your VISION**

**Vision is the fuel that drives a Leader!!!!**

- **IMAGINE that!**
- **Gas up often!!!**
- **And others have to be able to picture what you see or imagine**

**In order to Create....  
you have to risk!!**

The risk to stay in the bud may be greater  
than the risk to blossom

**There ain't no rules around  
here. We're trying to  
accomplish something.**

Thomas Edison

**If you are strong enough there  
are no precedents.** J.Scott Fitzgerald

- Lead with an internal compass not an assignment
- If the shoe “fits” get rid of it
- “Orville Wright did not have a pilot’s license”
- If your idea is easy to get supported it might not very innovative – “disruption with a purpose”

## Align the Energy – Allow all team members to be a Lead Dog

- Create a vortex – that suctions people into the vision
- Let everyone do what they do best
- Create synergy – let the dogs run WILD!!!!

## Dog teams need rewards

- Know what will warm them up and make them want to keep running! (tip: it might not be more money!)
- FUN –
- Re-Creation – to recreate, to become again, new
- Time to reflect, get the juices flowing again – dogs like to lay around by the fire
- Plan your escapes often – wiggle off the leash!

## Some of my recent mentors

- Eckhart Tolle, The Power of Now
- Orbiting the Giant Hairball, Gordon MacKenzie
- Oriah Mountain Dreamer, The Invitation, What we Ache For
- Quantum Shift in the Global Brain, Laszlo
- Deep Simplicity: Bringing Order to Chaos & Complexity by John Gribbin
- Chaos: Making a New Science, by James Gleick
- Leadership and the New Science: Discovering Order in a Chaotic World by Margaret J. Wheatley
- Leadership, Kouzes and Posner
- Chaos in Health Careers

- A Short Course in Life Designs – The Journey Home

**Live with intention.  
walk to the edge.  
listen hard.  
practice wellness.  
play with abandon.  
laugh.  
Choose with no regret.  
continue to learn.  
Appreciate your friends.  
Do what you love.  
Live as if this is all there is**

mary anne radmache

## Nelson Mandela, Inaugural Speech 1994

**Our deepest fear is not that  
we are inadequate.  
Our deepest fear is that we are powerful  
beyond measure.**

**It is our light, not our darkness,  
that frightens us.  
We ask ourselves, who am I to be brilliant,  
gorgeous, talented and fabulous?**

**Actually, who are you *not* to be?  
You are a child of God. Your playing small  
Doesn't serve the world.  
There's nothing enlightened about  
Shrinking so that other people  
Won't feel insecure around you.**

**We were born to make manifest the glory  
Of God that is within us.  
It's not just in some of us, it's in everyone.  
And as we let our own light shine,  
We unconsciously give other people  
Permission to do the same.**

**As we are liberated from our own fears,  
Our presence automatically  
Liberates others.**

**Nelson Mandela  
Inaugural Speech, 1994**

**What would you attempt  
to do if you knew you  
could not fail?**

- Author unknown

Thank you for be-ing you and putting your innate talents forward!

- Karen Martinsen
- Box 58 Sitka, AK 99835
- 907 966 1355

[edu@ak.net](mailto:edu@ak.net)

**HOME . . .**  
**WHERE IS IT? WHAT IS IT?**

— **HOME IS WHERE THE HEART IS . . .** Literally

— **HOME IS WHERE:** The heart dwells, resides, the place it occupies

**HOME** is not a physical place or a material structure

**HOME IS A FEELING:** A "place" to rest, to be oneself  
A "place" of security, comfort  
A "lodge" of safety, a refuge, a nest

**BEING AT HOME . . . IS BEING AT HOME WITH ONESELF**

**BEING:** at Ease  
Comfortable  
Safe  
Secure . . . with oneself

**WHEN WE ARE AT "HOME" . . . WE CAN FEEL SAFE**  
**VENTURING OUT,**  
because we know that we always have a place of Retreat

**WE CAN BEGIN TO: REACH OUT**  
**TAKE RISKS**  
**SHARE OURSELVES**

**THE BEST PREVENTION . . . IS BEING AT "HOME"**  
**SO WE CAN EXPERIENCE SAFETY, TRUST AND A SENSE OF PURPOSE**  
**TO VENTURE OUT AND SHARE OURSELVES WITH OTHERS.**

