



# Convergence

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## ► News:

- Donald M. Vickery, MD, MPH, Named CHI President & CEO



**Center for Health Improvement**

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### CHI Selects Donald M. Vickery, MD, MPH, as New CEO

Donald M. Vickery, MD, MPH, has been named President and Chief Executive Officer of the Center for Health Improvement.

“Don is a pioneer in health education and medical self-care, best-selling author, and founder of several nonprofit and for-profit organizations of importance to the field of health promotion/disease prevention and quality of health care services in the United States,” said Gordon H. DeFriese, chairman of the Center for Health Improvement’s (CHI) board of directors. “As a member of CHI’s board for the past two years, Don has contributed his remarkable expertise to helping to guide the Center, and the other board members are as delighted as I am that he’s stepping into this leadership role.

“We are thrilled that we could attract to this position a person of his stature in the field, which is a clear indication of the role the Center has played in national- and state-level health policy since its founding.”

Dr. Vickery is founder and president of The Self-Care Institute and will continue in his role with that organization. He is the author of *Life Plan: Your Own Master Plan for Maintaining Health and Preventing Illness*, a guide to individual health maintenance; and *Taking Part: The Consumer’s Guide to the Hospital*, a book to help individuals make decisions about using the hospital. He coauthored *Take Care of Yourself* (more than 20 million copies sold) and *Taking Care of Your Child: A Parent’s Illustrated Guide to Complete Medical Care*, which won the American Medical Writers Association Award. For many years, he held leadership positions at the Partnership for Prevention and the American College of Preventive Medicine.

“I am thrilled to accept the challenge of leading CHI’s superb staff and continuing to expand CHI’s contributions to improving the health of Americans in California and across the nation,” Dr. Vickery said.

A board-certified internist who trained at Harvard and Stanford universities, Dr. Vickery is a fellow of the American College of Physicians and the American College of Preventive Medicine.

Dr. Vickery replaces Patricia E. Powers, MPPA, who DeFriese noted has “led CHI to extraordinary success over the past five years,” and is leaving to pursue her long-standing interests in complementary health care.

“Pat has established for herself a national reputation and visibility as a real leader in American health care,” DeFriese said. “We are confident she will make many more outstanding contributions to areas of her interest that

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now attract her. We feel fortunate that she chose to spend these five years building CHI into the kind of organization it has become.”

Dr. Vickery will begin transitioning into his new role as CHI’s president in May and will assume that job officially on June 1.

*About the Center for Health Improvement*

The Center for Health Improvement is a national, independent, nonprofit health policy and technical assistance organization dedicated to improving population health and encouraging healthy behaviors. Since its inception in 1995, CHI has used evidence-based research to help public, private, and nonprofit organizations strengthen their capacity to improve the quality and value of health care and enhance public health at the community level. CHI is located in midtown Sacramento close to California’s Capitol.

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